

# DIY HORSE POPSICLES

**Yield:** 12 servings

**Prep Time:** 15 mins

**Freeze Time:** 2 hours

**Total Time:** 2 h 15 mins

*Keep your horse cool with Stress-Dex® popsicles!*

## INGREDIENTS:

- 2.5 tbsp Stress-Dex® *Oral Electrolyte Powder* (or 1 scoop)
- 2 apples
- 1 cup baby carrots
- 1/2 cup oats
- Water



## DIRECTIONS:

1. Mince carrots and set aside.
2. Pour 2.5 tbsp (1 scoop) of Stress-Dex® *Oral Electrolyte Powder* into a 32 oz jar (quart) and fill with water leaving 3 inches of space.
3. Core apples and mince 1/2 of an apple, cutting the remaining half and the other apples into small pieces.
4. In a blender, combine remaining apples and a small amount of Stress-Dex®. Puree until an applesauce consistency is achieved.
5. Add pureed apple mixture to the Stress-Dex® blend, top off with water (if needed) and shake to mix.
6. Fill ice cube trays (or small cups) with Stress-Dex® blend.
7. Drizzle minced apples and carrots evenly over popsicles. If desired, top with oats.
8. If using cups, center a string in the middle of each cup.
9. Freeze until solid, about 2 hours.

NOTE: Stress-Dex® feeding directions can be found online at <https://animalsafety.neogen.com/en/stress-dex-powder>. Treats should always be fed in moderation as a part of a balanced diet for your horse. Do not feed to your horse if they have sensitivities to any listed ingredients.

*This treat recipe is brought to you by **DURVET, INC.** in partnership with **NEOGEN.***